

# Prevention and Control Policy, Covid-19

Covid 19 has had a huge impact on everyone and during the time the Clinic has been temporarily closed we have made a number of changes before re opening.

Our priority is to keep everyone safe and I along with the other members of the Team at the Clinic have completed a Covid-19 Infection Prevention and Control Course and made changes in the way we operate.

## **Appointments**

Appointments for Colon Hydrotherapy can be booked in advance as usual by phone, text or email.

If you or anyone you live with display symptoms of Covid-19 please inform us as soon as possible and do not come to the clinic for your appointment.

## **Attending Appointments**

For your safety and to maintain social distancing we ask that you attend your appointment **on time and on your own**. Please do not arrive early as this may mean you come into contact with other clients who have finished their appointment. The 'waiting in reception' facility is not available.

We will ask you to wait in your car and then text you to come into the Clinic for your appointment.

For those of you who arrive by Public Transport, please let me know and I can make an appointment for your anticipated arrival time.

You are encouraged/advised to wear a face mask and disposable gloves when you visit the Clinic and during your treatment if appropriate.

Please bring your hand sanitiser with you, there is also hand sanitiser available in the clinic room.

I will use personal protective equipment (PPE) during client visits and during treatments. This includes disposable gloves, face mask and apron where appropriate.

The treatment room and bathroom are both well ventilated with open windows in both rooms before, during and after treatment.

As previously there is always a significant gap between client appointments for cleaning of the treatment room and bathroom. Including making sure all common surfaces, chairs, desk, doors, door handles, toilet, sink, taps etc are cleaned using disinfectant products between each client.

All Clinic laundry, towels, gowns and uniform are washed at 60-90 degrees C

All equipment is disinfected or sterilized in line with the specific manufacturers instructions.

I use single use disposable items during treatment that will be disposed of safely, bagged and removed from the treatment area between each client.

I understand the importance of hand hygiene and will ensure I wash my hands in accordance with NHS recommendations before the treatment.

All these procedures are implemented for everyone's safety and I thank you for your support and understanding.